

Curriculum Vitae

Avinash Shrestha

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Date of Birth	25 th October 1985 (9 th Kartik 2042 BS)
Father's Name	Hari Shanker Shrestha
Nationality	Nepali
Gender	Male
Marital Status	Unmarried
Religion	Hindu
Language	Can speak English, Newari, Nepali and Hindi
Citizenship No.	32386
Blood Group	B +ve
Hobbies	Computers, Mobiles, Listening Music, Reading Books, Travelling & Tours

SUMMARY OF QUALIFICATIONS

- BA\MCJ
- Mass Communication
- News Reporting
- News Editing
- Radio Program Production
- Photo Journalism
- Media Management
- TV Program Production
- Advertising and Marketing
- Public Relations
- Media Research
- Film Production

RELEVANT EXPERIENCE

- Designed advertisement and other print materials like logo, cards, brochures, posters, flyers, etc.
- Expertise in web design and developing for various companies.
- Instructing Graphic Designing since last three years.
- Knowledge about press and printing.

Some of my recent jobs:

- www.sierranepal.com (A travel Portal)
- www.ufonepal.com (website for a clothing store)
- www.shangrilacricknet.com (Nepal based cricket academy)
- www.basantchaudhary.com (Industrialist Basant Kumar Chaudhary's Personal website)
- www.goalnepal.com (A complete football portal site)

Please visit my Online Portfolio at <http://www.avinas.com.np> to know more about my skills and works.

EMPLOYMENT

- **Arena Multimedia, Kantipath, Kathmandu, Nepal** 2006 – Current
Part time Instructor (Graphic Design)
www.arena-multimedia.com.np
- **Dreams and Ideas, Teku, Kathmandu, Nepal** 2008 – Current
Web and Graphic designer
www.dreamsandideas.com

EDUCATION

- **College of Journalism and Mass Communication (CJMC)** 2066
Bachelor in Arts Mass communication and Journalism (BA\MCJ)
- **Kathmandu Institute of Science and Technology (KIST)** 2061
10+2 Science (HSEB)
- **Camellia High School, Kalimati, Kathmandu, Nepal.** 2058
School Leaving Certificate (SLC)

PROFESSIONAL TRAININGS

- Professional in Multimedia (**PIM**) including:
 - a) Graphics suite
 - b) Interactive Multimedia suite
 - c) Animation suite**Arena Multimedia, Kantipath, Kathmandu, Nepal.**
- One month training of broadcast journalism including anchoring, news reading, public speaking etc.
Global Media and Research Centre, Kalimati, Kathmandu, Nepal.
- Have knowledge about Web Design (Dream weaver, HTML, DHTML, CSS, Flash), Web Hosting and Uploading, knowledge about computer hardware and Networking and have knowledge about extra software which includes plug-ins software as well supportive software for my personal works and trainings.

REFERENCES

- **Mr. Abhinav Kasaju**
Dreams & Ideas, Teku, Kathmandu, Nepal.
Phone: 4260989
- **Mr. Samir Joshi, Manager**
Arena Multimedia, Kantipath, Kathmandu, Nepal.
Phone: 4224609
- **Dr. Manju Mishra, Principal**
College of Journalism and Mass Communication, Tinkune, Kathmandu, Nepal.
Phone: 2070740
- **Mr. Hari Shanker Shrestha, Chairperson**
Shreenkhala Multipurpose Co-operative Society, Kalimati, Kathmandu, Nepal.
Phone: 9841243910

Note: My Professional Training includes following topics.

Computer Fundamentals and Applications	Graphics Designing	Interactive Multimedia	Animation
Introduction and Fundamental of Computer	Adobe Photoshop Corel Draw	Sony Sound forge Adobe Premiere	Auto Desk 3Ds Max Elastic Reality
Introduction and Fundamental of Operating Systems	Adobe Illustrator Adobe In Design	Adobe After Effects Macromedia Director	Spin Panorama
Introduction and Fundamental of Computer Hardware			
MS-DOS			
MS-Paint			
MS-Word			
MS-Excel			
MS-PowerPoint			
MS-Access			
MS-FrontPage			
Virus Scanning Unit			
Basic Multimedia			
Email & Internet			